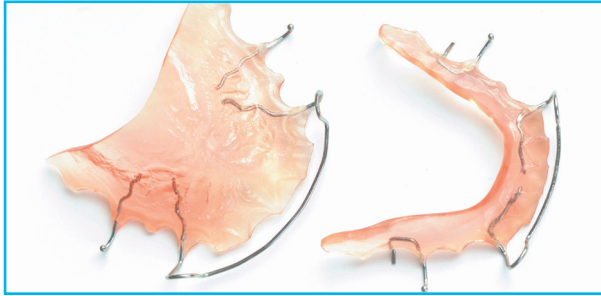


RETAINERS

Retainers are required to be worn once treatment with braces is complete for a certain period of time. The orthodontist will recommend a retainer based on the patient's needs.



ARE ADULTS TOO OLD TO HAVE THEIR TEETH STRAIGHTENED?

It is never too late to straighten your teeth with orthodontics. In our clinic about 20% of our patients are adults over the age of 21. We have treated patients well into their late forties and early fifties. Of course, treatment is quickest in children and teenagers and that is why we recommend treating early. However, for those adults who are unhappy with their smile and alignment, it is definitely possible (and recommended) that they see us for a consultation to determine what would be needed for treatment.



For those adults who wish they could straighten their teeth but do not want to wear any visible braces, we have several aesthetic options available. We offer white (ceramic) braces and clear retainers. Although these aesthetic options may cost a bit more than regular metal braces, most adults feel that the extra comfort and invisibility of these methods are worth it.



For more information, please contact:



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CLINIC HOURS

Weekdays 9:00am - 5pm
Weekends: 9:00am - 2pm
Closed on environmental Saturdays

SMILE

Getting **you** noticed
gets **us** noticed



ORTHODONTICS

WHY STRAIGHTEN TEETH?



Solid Rock Hospital®
DENTAL CLINIC

Why Straighten Teeth?



CAN YOU TELL IF YOU NEED TREATMENT?

Crowded, unevenly spaced, protruding/rotated teeth, mouth breathing are signs that help the dentist know if orthodontic treatment is possibly needed. If your teeth do not fit together properly when your mouth is closed or if any of the lower teeth bite outside the upper teeth, orthodontics is needed.

Also if your front teeth do not chew properly, if your lips do not come together normally or if your mouth is usually open, if you are self-conscious about having prominent teeth or too much space between teeth; corrective treatment should be considered.

In every case, your orthodontist's opinion should guide you in your decision to undergo orthodontic care.

BEFORE



AFTER



Orthodontics simply involves diagnosis, prevention and treatment of misaligned teeth and jaws. Orthodontics is devoted to building beautiful smiles by bringing teeth, lips and jaws into proper alignment.

Straight teeth function better, are easier to clean and are more likely to last your lifetime. Straight teeth also help an individual to effectively bite, chew and speak and contribute to healthy teeth and gums.

An attractive smile is a pleasant 'side effect' of orthodontic treatment. An attractive smile is a wonderful asset; it contributes to self-esteem, self-confidence and self-image which are all important qualities at every age.

Children, teenagers, young adults, middle-aged men and women are all taking advantage of the simplicity that distinguishes today's orthodontics.

WHAT IS THE BEST AGE FOR TREATMENT?

Remember that very few individuals have a perfect bite. In fact, today many adults are being treated for orthodontic problems that were not corrected in childhood. It is however recommended that children should see an orthodontist no later than age 7.

Each problem determines its own best starting time. Length of treatment varies according to the problem. If you have a question (at any age) it's best to check with your orthodontist/dentist right away, it may save you time later in life.

HOW IS TREATMENT CARRIED OUT?

Orthodontic treatment can be done by different sort of appliances which most people know as 'BRACES'. Simple treatment may however be carried out with a removable appliance (a plate that can be taken out to be cleaned)



TREATMENT DURATION

Treatment duration typically ranges from about 18-24 months depending on the growth of the patient's mouth and face and the severity of the problem. Patients grow at different rates and will respond differently to orthodontic treatment, so the time to case completion may change from the original estimate.

The patient's diligent use of any prescribed rubber bands or appliance and proper care of braces is an important factor in achieving the most effective treatment at the shortest possible time frame.